


Assisted Living Calendar for October, 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Sep 30, 2018	Oct 1, 2018	Oct 2, 2018	Oct 3, 2018	Oct 4, 2018	Oct 5, 2018	Oct 6, 2018
AO: Activity Office AL: Assisted Living DR: Dining Room MPR: Multipurpose Rm NH: Nursing Home PR: Piano Room RR: Red Room	10am Chair Yoga with Carol MPR 2pm Movie "Terms of Endearment" pt. 1 RR 3:30pm Card Games RR	9:30am Walmart Van Trip 2pm Bingo AL DR and NH	9:30am Exercises (Cardio) MPR 11am First Lutheran Church Service MPR 2pm Movie "Terms of Endearment" pt. 2 RR 3:30pm Card Games RR 4pm Rosary NH	Brittany from "Photography by Brittany" Here All Day 4:30pm Thirsty Thursday PR	9am Van Trip to Pinter's 12:45pm Card Games RR 2pm "Muse" with Daughters of Millard Nelson NH 4:30pm Catholic Communion RR	
Oct 7, 2018	Oct 8, 2018	Oct 9, 2018	Oct 10, 2018	Oct 11, 2018	Oct 12, 2018	Oct 13, 2018
	9:30am Communion with Decorah Luth. Church PR 10am Chair Yoga with Carol MPR 2pm Harvest Reminisce RR 3:30pm Card Games RR	9:30am Walmart Van Trip 2pm Bingo with Decorah VFW NH 6:30pm Movie "Hidden Figures" RR	9:30am Exercises (Cardio) MPR 11am Washington Prairie Church Service MPR 2pm Fall Color Van Trip 3:30pm Card Games RR 4pm Rosary NH	1:30pm Van Trip(s) to Court-house for Early Voting 4:30pm Thirsty Thursday PR	9:30am Exercises (Strength) MPR 12:45pm Card Games RR 2pm Dawn Redding, "The Return of Bobcats" MPR 4:30pm Catholic Communion RR	2pm Coffee Party with Glenwood Lutheran Church NH
Oct 14, 2018	Oct 15, 2018	Oct 16, 2018	Oct 17, 2018	Oct 18, 2018	Oct 19, 2018	Oct 20, 2018
	10am Chair Yoga with Carol MPR 2pm Ralph Campbell, Music MPR 3pm Book Club RR 3:30pm Card Games PR	9:30am Fareway Van Trip 2pm Bingo AL DR and NH	9:30am Exercises (Cardio) MPR 11am Decorah Lutheran Church Service MPR 2pm Dietary Concerns Mtg AL DR 3:30pm Card Games RR	10am Van Trip(s) to Court-house for Early Voting 1:30pm Staff Inservice MPR 3:30pm Catholic Mass MPR	9:30am Exercises (Strength) MPR 12:45pm Card Games RR 2pm Larry Reis, "Trees of NE Iowa" MPR	Happy Birthday, Bonnie!
Oct 21, 2018	Oct 22, 2018	Oct 23, 2018	Oct 24, 2018	Oct 25, 2018	Oct 26, 2018	Oct 27, 2018
2:30pm Leslie Sand, "The Holy Land" MPR Sponsored by First Lutheran Church "50+ Social Group"	10am Chair Yoga with Carol MPR 2pm Phil Iverson "Climate Change" MPR 3:30pm Card Games RR	9:30am Walmart Van Trip 2pm Bingo with Springfield Luth. Church NH	9:30am Exercises (Cardio) MPR 11am Decorah United Methodist Church Service MPR 2pm Oct. Birthday Party AL DR 3:30pm Card Games RR 4pm Rosary NH Happy Birthday, Doris!	2pm Fall Auction MPR 4:30pm Thirsty Thursday PR	9:30am Exercises (Strength) MPR 12:45pm Card Games RR 2pm Van Trip to Bowling Alley 4:30pm Catholic Communion RR	
Oct 28, 2018	Oct 29, 2018	Oct 30, 2018	Oct 31, 2018	Nov 1, 2018	Nov 2, 2018	Nov 3, 2018
	10am Chair Yoga with Carol MPR 2pm Pumpkin Carving and Fall Crafts AL DR 3:30pm Card Games RR Happy Anniversary, Larsons!	9:30am Walmart Van Trip 2pm Bingo AL DR and NH	9:30am Exercises (Cardio) MPR 11am Good Shepherd Lutheran Church Service MPR 2pm Halloween Party MPR 3:30pm Card Games RR 4pm Rosary NH Happy Birthday, Keith!	 (On October 31, of course!)	Activity Calendar is Subject to Change Please check the daily information board in the AL Dining Room for the most current info.	Coffee and Snacks 3pm Daily In the AL Dining Room