




Assisted Living Calendar for November, 2018

Sunday Oct 28, 2018	Monday Oct 29, 2018	Tuesday Oct 30, 2018	Wednesday Oct 31, 2018	Thursday Nov 1, 2018	Friday Nov 2, 2018	Saturday Nov 3, 2018
AO: Activity Office AL: Assisted Living DR: Dining Room MPR: Multipurpose Rm NH: Nursing Home PR: Piano Room RR: Red Room	Activity Calendar is Subject to Change <i>Please check the daily information board in the AL Dining Room for the most current info.</i>	**Election Day is Tuesday Nov. 6, 2018** <i>AFAL Tenants may vote at Decorah City Hall 7am-9pm 11/6/18</i>		4:30pm Thirsty Thursday PR	9:30am Exercises (Strength) MPR 12:45pm Card Games RR 2pm Nori H., "Wreck of the Edmund Fitzgerald" MPR 4:30pm Catholic Communion RR	
Nov 4, 2018	Nov 5, 2018	Nov 6, 2018	Nov 7, 2018	Nov 8, 2018	Nov 9, 2018	Nov 10, 2018
Daylight Savings Time Ends 2pm Ornament-Making with Annie from The Clay Studio AL DR Happy Birthday, Marion!	10am Chair Yoga with Carol MPR 12:45pm Card Games RR 2pm Movie, "The Iron Lady" RR	Election Day (see info above) 9:30am Walmart Van Trip 2pm Bingo with Washington Prairie Luth. Church NH 2:30pm Visits with Amalia 3:30pm Bible Study RR	8:30am Exercises MPR 10am Men's Group RR 11am First Lutheran Church Service MPR 12:45pm Card Games RR 4pm Rosary NH	2pm AFAL Service of Remembrance MPR	9:30am Exercises MPR 12:45pm Card Games RR 2pm Dawn Redding, "The Return of Bobcats" MPR 4:30pm Catholic Communion RR	2pm Coffee Party with St. Benedict Church NH
Nov 11, 2018	Nov 12, 2018	Nov 13, 2018	Nov 14, 2018	Nov 15, 2018	Nov 16, 2018	Nov 17, 2018
	9:30am Communion with Decorah Luth. Church PR 10am Chair Yoga with Carol MPR 12:45pm Card Games RR 2pm Gary Froiland, Veteran's Day Program MPR	9:30am Walmart Van Trip 2pm Bingo AL DR and NH 2:30pm Visits with Amalia 3:30pm Bible Study RR	8:30am Exercises MPR 10am Men's Group RR 11am Washington Prairie Church Service MPR 12:45pm Card Games RR 2pm Hymn Sing with Nichole H. PR	2pm Staff Inservice MPR 3:30pm Catholic Mass MPR 4:30pm Thirsty Thursday PR	9:30am Exercises MPR 12:45pm Card Games RR 4:30pm Glazing Ornaments with Annie from The Clay Studio AL DR	2pm Crave Dance Studio Recital AL DR
Nov 18, 2018	Nov 19, 2018	Nov 20, 2018	Nov 21, 2018	Nov 22, 2018	Nov 23, 2018	Nov 24, 2018
Time TBA: Van Trip to Lake Meyer "Build a Leopold Bench" Workshop	10am Exercises MPR 12:45pm Card Games RR 2pm Mike McAbee, Music MPR 3pm Book Club RR	9:30am Fareway Van Trip 2pm Bingo AL DR and NH 6:30pm Movie "On Golden Pond" RR	8:30am Exercises MPR 10am Men's Group RR 11am Decorah Lutheran Church Service MPR 12:45pm Card Games RR 4pm Rosary NH	 No Nori	9:30am Exercises MPR 12:45pm Card Games RR 2pm Nov. Birthday Party PR 4:30pm Catholic Communion RR	Happy Birthday, Dennis!
Nov 25, 2018	Nov 26, 2018	Nov 27, 2018	Nov 28, 2018	Nov 29, 2018	Nov 30, 2018	Dec 1, 2018
	10am Exercises MPR 12:45pm Card Games RR 2pm Larry Reis, "The Wild Turkey in Iowa" MPR	9:30am Walmart Van Trip 2pm Bingo AL DR and NH 2:30pm Visits with Amalia 3:30pm Bible Study RR	8:30am Exercises MPR 10am Men's Group RR 11am Calmar/Springfield Luth. Church Service MPR 12:45pm Card Games RR 4pm Rosary NH 4pm Van Trip to "Christmas at Luther" Dress Rehearsal	2pm Amalia Vagts, "Tanzania" MPR 4:30pm Thirsty Thursday PR	9:30am Exercises MPR 12:45pm Card Games RR 2pm Van Trip to Bowling Alley 4:30pm Catholic Communion RR	Coffee and Snacks 3pm Daily In the AL Dining Room