



Things to bring to the Nursing Home:

- Advance directives**, if you have them (Living Will; Power of Attorney for Health Care; General Power of Attorney for Finances)
- Clothing marked clearly with initials** (use middle initial, too, if possible, ex: MTE) Be sure to also label what is worn upon arrival. Please bring hangers for the closet.

*-Tips for clothing: Bring at least a week's supply to start. Comfortable clothing such as jogging pants, sweatshirts, loose-fitting clothing, and clothes with elastic waistbands are encouraged. Please ensure that shoes have a non-skid sole, and fit appropriately. Bring clean underwear and socks. Garments should be washable and in good repair. **Note: Families are responsible for helping residents move in clothing and personal items, and to mark these on the Inventory of Personal Effects form provided at the time of admission. The day of admission goes more smoothly if clothing and other items are labelled ahead of time. Black/dark socks can be given to the Laundry Supervisor to label with special white marker.*

- Cards** – insurance, Medicare, Social Security, etc.
- list of upcoming appointments**
- Emergency contact addresses and phone numbers**
- Physician names:** Optometrist, Podiatrist, Dentist, etc.
- Medications:** Please bring medications in to the facility right away the morning of the admission and give to the nurse in the front office. If new resident has been using a pharmacy that is not local (*local pharmacy choices are Thrifty White or Donlons*) then medications must be returned to the pharmacy from which they came from originally.
- Contact Long Term Care Insurance company (if applicable) on the day of admission and let them know about admission to Eastern Star so they can start the claim process. They will want to send us information via fax at #563-382-8788 attn: Lori.

WHAT TO EXPECT ON THE DAY OF ADMISSION: The Social Worker will have paperwork to sign with the new resident and responsible party, the Director of Nursing will do a nursing assessment and take vitals, and the Dietary Supervisor will discuss meal preferences. It is preferred that admissions take place in the morning (between 9:00 a.m. and 10:30 a.m.) to allow time to complete the above items. Please arrange for a specific admission time with the Social Worker ahead of time.

Please contact Nichole Hageman, Social Worker, if you have any questions, at #563-382-8787. Thank You!