



STAFF SPOTLIGHT



Meet Jason!

Jason is our Environmental Service Supervisor, and you have probably seen him helping around Eastern Star with a variety of tasks!

Jason is married to Bridget -- who works at WinnMed and provides Occupational Therapy Services at Eastern Star. They have two kids: Drew, attends college at UNI and is in the Iowa Army National Guard, and Kinsey, who is a senior at Decorah High School. They also have two dogs: Tucker and Oakley!

“We enjoy spending time together as a family. My kids would tell you my hobby is shopping at Menards! A fun fact about me is that in June 2024, I got to go on an Honor Flight with my dad.”

“My favorite part about working at Eastern Star is the teamwork, and positive work environment. Everyone works together to make the residents feel safe and comfortable.”

Upcoming Events

- ★ 3RD @ 2PM: LARRY REIS ON BLUE BIRDS
- ★ 6TH @ 2PM: CATHY HOFFERT
- ★ 10TH @ 2PM: MICHELLE LYNN
- ★ 12TH @ 1:30PM: HANSON'S SING-A-LONG
- ★ 14TH @ 2PM: CURT AND LINDA GJERE
- ★ 18TH @ 10AM: TIM THE MUSIC MAN
- ★ 19TH @ 2PM: BOB BOVEE
- ★ 20TH @ 2PM: EDEM EHM - HARDINGER FIDDLE
- ★ 27TH @ 2PM: DAVID SEVERTSON - PIANO MUSIC AT ASST. LIVING



Church Services:

- ★ 5TH @ 11AM: FIRST LUTHERAN CHURCH
- ★ 12TH @ 10AM: GOOD SHEPARD CHURCH
- ★ 19TH @ 11AM: DECORAH LUTHERAN
- ★ 26TH @ 11AM: ZION LUTHERAN CHURCH

*CATHOLIC COMMUNION ON SUNDAYS DEPENDING ON AVAILABILITY

**ACTIVITIES SUBJECT TO CHANGE WITHOUT NOTICE AT ANY TIME



March Celebrity Birthdays:

In astrology, those born between March 1–20 are Pisces, the Fish. Selfless, spiritual, and intuitive, Pisces swim an inner journey. They're emotional, compassionate people, always willing to help others. Those born from March 21–31 are Aries, the Ram. Rams are adventurous go-getters, full of enthusiasm, charm, and energy. They make dynamic pioneers and adventurers, undeterred when the going gets rough.

Chief Joseph (hero) – March 3, 1840

Knute Rockne (coach) – March 4, 1888

Liza Minnelli (actress/singer) – March 12, 1946

Albert Einstein (scientist) – March 14, 1879

Jerry Lewis (actor) – March 16, 1926

Moms Mabley (comedian) – March 19, 1894

Marcel Marceau (mime) – March 22, 1923

Aretha Franklin (singer) – March 25, 1942

Warren Beatty (actor) – March 30, 1937

RESERVING SPACES:

TO RESERVE A SPACE, CONTACT CRYSTAL AT 563-382-8787 MONDAY-FRIDAY 8AM-4PM, OR EMAIL AT CMUCHOW@EASTSTARDEC.COM.

A LIST OF RULES AND EXPECTATIONS IS ON THE ACTIVITY ROOM REFRIGERATOR AND ONE CAN BE EMAILED TO YOU AT THE TIME OF RESERVATION!



Staff Birthdays:

4th -- Savannah O. -- CNA

9th -- Teresa N. --
Houskeeping

11th -- Brittiny W. -- NH
Social Services

14th -- April K. -- CMA

16th -- Paige M. -- CNA

18th -- James G. -- AL
Housekeeping

Resident Birthdays:

10th -- Sharon S.

Staff Anniversaries:

Mia F. -- RN -- 5 years

Darcy T. -- CMA -- 2 years

As a private pay facility we are appreciative of any and all donations we receive.

Thank you!

WHAT HAVE OUR RESIDENTS BEEN UP TO?



- ★ They enjoyed petting & playing with 4 Aussie Puppies!
- ★ Have been crowned Valentine's King & Queen (did you catch them in the Calmar Newspaper??)



- ★ Have enjoyed a few socials!!
 - Assited Living Social Hour
 - Valentine's Day Ice-Cream Social



You're Invited!



YOU ARE INVITED TO MUSIC WITH
SWITCHBACK

Free Will Donations

MARCH 17th | **In the Activity Room/Chapel** | **1:30 PM**
Light Refreshments Provided
Bring your smiles and dancing shoes!

Questions: Contact Niki or Crystal @ 563-872-8787