



HAPPY NEW YEAR!



THE STAR NEWS – JANUARY 2026 EDITION

STAFF SPOTLIGHT:

Meet Ruth!

Ruth is an RN here at Eastern Star, and she has been a part of the team for three and a half years!

Prior to "I worked for 35 years at Veterans Memorial Hospital in Waukon IA. Worked several roles there Medical/Surgical unit nurse manager and Charge Nurse/RN. I worked in Medical/Surgical, Emergency Room, Same Day Surgery, Outpatient Infusions and wound care, Urgent Care and Obstetrics (labor and delivery). Essentially anywhere you were needed you were assigned for the day. I also worked as a clinical instructor for Luther Colleges nursing program for 5 years."

WOW!!

On her days off Ruth is busy completing chores to help take care of their families 140 dairy cow herd! She is also the Secretary Board Member for the Winneshiek County Fair. She manages horticulture exhibits, cooking contests and other competitions. In her free time, she likes to travel with her husband and manages a large garden of vegetables and flowers! Don't get me started on her tomatoes...and be sure to ask about her Dahlias!

Ruth states her favorite part about working at Eastern Star is "getting to know the residents and their families. It is a very rewarding experience working at Eastern Star, and one of the best careers moves I have ever made."

ENTERTAINMENT

ACTIVITIES:

4th: RSVP Carolers @ AL @ 1:45pm
5th : Tim the Music Man @ 10 am / Dave Poggenklass @ 3pm
7th: Curt & Linda Gjere @ 2pm
8th: Josh Vorvick @ 2pm
16th : Jacklyn Jirak-Woodcarver @ AL @ 2pm
21st: Hanson's @ 1:30pm
26th: Sister Luv @ 2pm

CHURCH SERVICES

7th: First Lutheran Church @ 11am
14th: Good Shepherd Church @ 10am
15th: Catholic Mass @ 3:30pm
21st: Decorah Lutheran Church @ 11am
28th: Zion Lutheran Church @ 11am
Rosary w/Phyllis every Thursday @ 9:30am





ANNOUNCEMENTS



TENANT BIRTHDAYS:

22nd: John H.

RESIDENT BIRTHDAYS:

1st: Maxine Antoine
3rd: Roger Knutson
4th: Sharon Knutson
23rd: Jim Rhodes

STAFF ANNIVERSARIES:

Andrea Huinker –
Housekeeping – 7 years

Elisabeth Rosales – AL
Assistant – 2 years

Julie Stoskopf – Receptionist
– 1 year

STAFF BIRTHDAYS:

10th: Alison Bishop – DON
11th: Megan Protsman –
Activity Assistant
11th: Tonya Sparrow –
Office Manager

DONATIONS:

Plant Peddler for the
beautiful poinsettia's you
donated to the residents!

Springfield Luther Church
WELCA – \$100 for Christmas



WHAT HAVE WE BEEN UP TO?



Sunflower Fox Friends Preschool Class came to sing and perform!



Ukulele Group braved the cold to entertain us for an afternoon!



Had a "Deck the Halls" Contest; look at Facebook to see who won!



Spent an afternoon baking cookies!

CONT.



Howard County Hospice
sang Christmas carols!



Got cozy and watched The
Polar Express.



A day filled with
singing by the
Northern Lights and
Luren Singers!



RESIDENT & TENANT CHRISTMAS PARTY!

